

# LILOU DES BOIS

## Actress – Physical actress

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## THEATRE WORK EXPERIENCES & LIVE SHOWS

### Tam Tam Théâtre • Rouge Neige

MARch 2019 | Dir. Thierry Lutz  
*The girl, The Raptor, The Mother*  
Contemporary Theater \* Acting - Mime

### DisneyLand Paris • Fairy Music Box Paris

NOV DEC 2019 | Dir. Anna Cotis  
*Cowgirl toy*  
In situ Theater & Visual Show\* Physical acting – Mime - Dance

### Geekopolis • Mutations Paris

MARCH-NOV 2019 | Dir. Jo Darchambault  
*Mutant & Anna, a biologist*  
Immersive Theater\* Acting - Improvisation – Physical Theater - Stunt

### Prizonners • Mic Mac au Cabaret/Le Temple des Secrets Paris

FEV- 2019 | Dir. Emmanuel Lévy  
*Amélie Pinson, singer & Doc Palomba, medium & Witch*  
Immersive Theater\* Acting - Improvisation - Singing

### Manoir de Paris • Les légendes de Paris & Toxic Paris

SEPT - NOV 2018 | Dir. Adil Houti  
*Vampire & others monsters*  
Immersive and Horror Theater\* Acting - Physical theater - Impro - Stunt

### Cie Nomades • Julie et le Livre Magique France

NOV – DEC 2018 | Dir. Jean-Bernard Phillipot  
*Main Character : Julie, sweet girl in her 30's + The snowman (puppet)*  
Kid Show\* Acting - Puppetry

### Opéra de St Etienne • Siegfried ou qui... St Etienne, France

MARCH 2018 | Dir. Julien Ostini  
*The Bear & Object manipulation and Puppetry*  
Opera\* Physical acting – Mask - Puppetry

### Premium Projet • MOQ Live Doha, Qatar

SEPT - DEC 2017 | Dir. Brad Cleary  
*Various performances: living statue, dancing, clown, puppetry, mime, improvisation...*  
In situ theater & Visual Show\* Acting in english - Versatile performing

### Cirque Du Soleil • Joyà Cancun, Mexico

2014 - 2017 | Original Cast | Dir M. Genest & R. Dagenais  
*Main Charcters, Joyà is a young glumpsy, funny and brave girl. Character using voice and jewberish, dance, flying technique, fighting.* • Acting coach for a Circus Icarian Games Act and the Joyà Character  
Cirque - Diner Show\* Physical acting – Acting Coach

### Cirque Du Soleil • Scalada - Vison Andorra

JUIN 2016 | Dir. Mukhtar Omar  
*Co-Creation of the main character : a little girl, curious and playfull* • Acting Coach  
Cirque\* Physical acting – Acting Coach

### Cie Macadâmes France & international

2008 - 2014 | Dir. Lilou des Bois et Clément Chaboche - [www.ciemacadames.com](http://www.ciemacadames.com)  
*With severals shows : Without words • Si les oiseaux se cachent pour mourir • La douleur n'est qu'une information • Chaussée Interdite aux piétons • Ivres visites • Passantes* • Physical & Street Theatre\* Physical Actress – Show Director – Compagny Director



## SKILLS

### Theater

Classical & Contemporary | Improv Theater  
Street Theater | Immersive Theater

### Mime, Clown & Movement

Corporeal Mime E. Decroux Technique  
Mask Acting & Physical theater  
Puppetry & Object theater

### Video - Cinema

Motion Capture | Dubbing  
Camera acting

### Singing

Musicals & Pop

### Dance Theater

Theatrical dance & Contact dance

### Artistic director & Coaching

Staging & staging consultant  
Acting Coach • Compagny Director

## LANGUAGES

French • Italian  
English • Spanish

## ADDITIONAL SKILLS AND TRAINING

Crossfit • Fitness • Hip Hop Dance • Running  
Stilts • Roller & Ice skating • Skiing • Horse riding  
Scuba diving • Sword fighting • Hand to hand  
Parkour

## HOBBIES

Music • Graphic design • Photography • Design  
Architecture • Visual Art • Magic • Litterature

## EDUCATION

**Dubbing Technique- Rhinoceros**  
— Dubbing, Audio book, Video games  
2020 | Paris

## Musée des Arts Forains • Festival du merveilleux Paris

DEC 2013 - DEC 2018 | Dir. Jean-Paul Favand

Various performances: improvisation, mime, clown, living statues, dancing, singing...

In situ Theater - Animation\* Versatile performer

## Cie Les Anthropologues France

2012 - 2014 | Dir. Nicolas Soloy

With several street shows: *Alice dans les rues* • *En vue D'eau* • *Rousseau à rebrousse temps* | Mains characters: naughty adventurers young girls

Street theater\* Acting - Singing - Physical acting

## Xavier Mortimer • L'Ombre Orchestre France

2012 | Dir. Xavier Mortimer

Magic Show\* Magician assistant - Object manipulation - Stage hand

## Cie Oposito • L'heure du troupeau France

May 2011 | Dir. Jean Raymond Jacob

Street Show, Parade\* Physical acting - Animation

## Le théâtre de Radovan Ivšić Paris

2006 | Dir. Claude Buchvald

Various Characters: *The Dreamy Child and the little*

Contemporary Theater\* Acting

## Cie Clin d'oeil Rouen

1999 - 2003 | Dir. Christine Lacombe

With several shows: *Les Demoiselle de Rochefort (Solange)* • *La princesse d'Elide (Phylis)* • *Cabaret Noir (Texte choisis de Brecht)* • *Liliom au royaume des fleurs cachées (Liliom)*

Contemporary Theater & Musicals\* Acting - Singing - Dancing

## AUDIOVISUEL WORK EXPERIENCES & MODELING

### Motion Capture

**Tara Duncan, The Spellbinders Season 1** (Animated serie) Studio d'Angoulême

DEC 2019 - Mars 2020 | DIR Dan Creteur | Solidanim & Imaginario

Tara, Angelica, Lisbeth

**Syberia 4** (Video Game) Mocaplab, Paris

Mars 2020 | DIR Emmanuel Gorinstein | Koalabs

Kate Walker child, Leni Renner teen

### Little part

**Adieu les cons** (Film) JUI 2019 | Dir. Albert Dupontel | Manchesters films • **L'horizon**

(Film) JUI 2019 | Dir. Emilie Carpentier | Elzévir films • **Les reporters du dimanche** (TV

show) NOV 2018 • **Livide** (Film) 2010 | Dir. J. Maury & A. Bustillo | La fabrique 2 • **Le**

**Horsain** (TV show) 1997 | Dir Philippe Venault | DEMD Production

### Extras & Background

**The Eddy** • **Baron Noir** • **La grande déraile** • **Forte** • **Femme enfant** • **Hors Norme** •

**It must be Even** • **Chérif** • **Faith in the city...**

### Videos & Photos Commercials

**Credit Agricole** | DEC 2021 | Aktuaprod • **Fly Condo** | MAY 2018 | Journeyman

Production | Canada • **Loanaway.ca** | AVRIL 2018 | Canada • **Daymac** | AVRIL 2018 |

Canada • **Swish Canada** (Fitness photomodel) | MAY 2018 | Leopreste Prod | Canada

### Video Clip

**Irina R « Sailor »** MARS 2004 • **Duo 32 « 32 »** NOV 2011

### Casting Director Assistant

**Profilage** (Série) MAR - AVR 2011 | Beaubourg Audiovisuel

## CUC Campus Univers Cascades + Stage Fighting Training w/ Samuel Kéfi Abrikh

— Stunt, Body Fighting

From August 2018 | Training in progress

## ESAD Ecole Supérieure d'art dramatique

— Theater and Physical Theater school

2012 – 2013 | Paris

## International School of Corporeal Mime

**Bachelor Degree** E. Decroux Technique

— Dir. Ivan Bacciocchi 2008 – 2010 | Paris

## Clowning • Théâtre du Faune

— Dir. Fred Robbe | 2007-2009 | Montreuil

## Bachelor degree of Theater Art Form

— Paris 8 University St Denis | 2004 - 2009

## Baccalaureat Litterature - Theater specialty

— Lycée Jeanne D'Arc | 2004 | Rouen

## Improv Theater

— *Jeux D'rôles & La Pleine Lune*

2001 – 2004 | Rouen

## Normandy's Musical School

— Dir Albert & Elisabeth Amsalem

1999 – 2003 | Rouen

## COURSES & WORKSHOP

### Puppetry Construction & Manipulation

— Dir. Natacha Belova • AUG 2018 Bruxelles

### Vertical Dance

— Dir. Cie retouramont • SEPT 2015 Paris

### At the body and the object Crossroad

— Dir. Claire Heggen • AV 2012 Paris

### Theatricaly of movement

— Dir. Yves Marc • OCT 2012 Paris

### Movement

— Cie Arma • SEPT 2015 Audincourt

### Staging,

— Dir. Jacques Livchine • SEPT 2015

Audincourt

### Feldenkrais Method

— Théâtre des sens • FEV-MAR 2011 Paris

### Dance Theater

— Dir Moreno Bernardi • SEPT 2008 Paris

### Classical & Contemporary Theater

— Dir. C. Merlin et C. Buchvald • 2004-2006 Paris

## VIDEO LINKS

[Miss Jolly - Disney Village](#) | [Joyà - Cirque du Soleil](#) | [Mlle Cé - 32](#) | [La douleur - Macadâmes](#) | [Sailor - Irina R](#)