

LILOU DES BOIS

Actress – Physical actress

7 DEC 1986 • 1m53 • 48kg
FR +33626158920
lilouesbois.desbois@gmail.com
www.lilouesbois.com

THEATRE WORK EXPERIENCES & LIVE SHOWS

Tam Tam Théâtre • Rouge Neige

MARch 2019 | Dir. Thierry Lutz
The girl, The Raptor, The Mother
Contemporary Theater * Acting - Mime

DisneyLand Paris • Fairy Music Box Paris

NOV DEC 2019 | Dir. Anna Cotis
Cowgirl toy
In situ Theater & Visual Show* Physical acting – Mime - Dance

Geekopolis • Mutations Paris

MARCH-NOV 2019 | Dir. Jo Darchambault
Mutant & Anna, a biologist
Immersive Theater* Acting - Improvisation – Physical Theater - Stunt

Prizonners • Mic Mac au Cabaret/Le Temple des Secrets Paris

FEV- 2019 | Dir. Emmanuel Lévy
Amélie Pinson, singer & Doc Palomba, medium & Witch
Immersive Theater* Acting - Improvisation - Singing

Manoir de Paris • Les légendes de Paris & Toxic Paris

SEPT - NOV 2018 | Dir. Adil Houti
Vampire & others monsters
Immersive and Horror Theater* Acting - Physical theater - Impro - Stunt

Cie Nomades • Julie et le Livre Magique France

NOV – DEC 2018 | Dir. Jean-Bernard Phillipot
Main Character : Julie, sweet girl in her 30's + The snowman (puppet)
Kid Show* Acting - Puppetry

Opéra de St Etienne • Siegfried ou qui... St Etienne, France

MARCH 2018 | Dir. Julien Ostini
The Bear & Object manipulation and Puppetry
Opera* Physical acting – Mask - Puppetry

Premium Projet • MOQ Live Doha, Qatar

SEPT - DEC 2017 | Dir. Brad Cleary
Various performances: living statue, dancing, clown, puppetry, mime, improvisation...
In situ theater & Visual Show* Acting in english - Versatile performing

Cirque Du Soleil • Joyà Cancun, Mexico

2014 - 2017 | Original Cast | Dir M. Genest & R. Dagenais
Main Charcters, Joyà is a young glumpsy, funny and brave girl. Character using voice and jewberish, dance, flying technique, fighting. • Acting coach for a Circus Icarian Games Act and the Joyà Character
Cirque - Diner Show* Physical acting – Acting Coach

Cirque Du Soleil • Scalada - Vison Andorra

JUIN 2016 | Dir. Mukhtar Omar
Co-Creation of the main character : a little girl, curious and playfull • Acting Coach
Cirque* Physical acting – Acting Coach

Cie Macadâmes France & international

2008 - 2014 | Dir. Lilou des Bois et Clément Chaboche - www.ciemacadames.com
With severals shows : Without words • Si les oiseaux se cachent pour mourir • La douleur n'est qu'une information • Chaussée Interdite aux piétons • Ivres visites • Passantes • Physical & Street Theatre* Physical Actress – Show Director – Compagny Director



SKILLS

Theater

Classical & Contemporary | Improv Theater
Street Theater | Immersive Theater

Mime, Clown & Movement

Corporeal Mime E. Decroux Technique
Mask Acting & Physical theater
Puppetry & Object theater

Singing

Musicals & Pop

Dance Theater

Theatrical dance & Contact dance

Artistic director & Coaching

Staging & staging consultant
Acting Coach • Compagny Director

LANGUAGES

French • Italian
English • Spanish

ADDITIONAL SKILLS AND TRAINING

Hip Hop Dance • Running • Fitness • Crossfit
Stilts • Roller & Ice skating • Skiing • Horse riding
Scuba diving • Sword fighting • Hand to hand
Parkour

HOBBIES

Music • Graphic design • Photography • Design
Architecture • Visual Art • Magic • Litterature

Musée des Arts Forains • Festival du merveilleux Paris

DEC 2013 - DEC 2018 | Dir. Jean-Paul Favand

Various performances: improvisation, mime, clown, living statues, dancing, singing...

In situ Theater - Animation* Versatile performer

Cie Les Anthropologues France

2012 - 2014 | Dir. Nicolas Soloy

With several street shows: *Alice dans les rues* • *En vue D'eau* • *Rousseau à rebrousse temps* | *Mains characters: naughty adventurers young girls*

Street theater* Acting - Singing - Physical acting

Xavier Mortimer • L'Ombre Orchestre France

2012 | Dir. Xavier Mortimer

Magic Show* Magician assistant - Object manipulation - Stage hand

Cie Oposito • L'heure du troupeau France

May 2011 | Dir. Jean Raymond Jacob

Street Show, Parade* Physical acting - Animation

Le théâtre de Radovan Ivšić Paris

2006 | Dir. Claude Buchvald

Various Characters: *The Dreamy Child and the little*

Contemporary Theater* Acting

Cie Clin d'oeil Rouen

1999 - 2003 | Dir. Christine Lacombe

With several shows: *Les Demoiselle de Rochefort (Solange)* • *La princesse d'Elide (Phylis)* • *Cabaret Noir (Texte choisis de Brecht)* • *Liliom au royaume des fleurs cachées (Liliom)*

Contemporary Theater & Musicals* Acting - Singing - Dancing

AUDIOVISUEL WORK EXPERIENCES & MODELING

Motion Capture

Tara Duncan, The Spellbinders (Animated serie) Studio d'Angoulême

From DEC 2019 - In progress | DIR Dan Creteur | Solidanim & Imaginario

Tara, Angelica, Lisbeth

Little part

Adieu les cons (Film) JUL 2019 | Dir. Albert Dupontel | Manchesters films • **L'horizon** (Film) JUL 2019 | Dir. Emilie Carpentier | Elzévir films • **Les reporters du dimanche** (TV show) NOV 2018 • **Livide** (Film) 2010 | Dir. J. Maury & A. Bustillo | La fabrique 2 • **Le Horsain** (TV show) 1997 | Dir Philippe Venault | DEMD Production

Extras & Background

The Eddy (TV show) SEP 2018 | Netflix • **Baron Noir** (TV show) SEP 2018 | Netflix • **La grande déraile** (Film) JUL 2019 | Easy Movie • **Forte** (Film) NOV 2018 • **Femme enfant** (Film) SEPT/OCT 2018 | ECCE Films • **Hors Norme** (Film) OCT 2018 | Splendido Quad Cinema • **It must be Even** (Film) JUL 2018 | Rectangle Production • **Chérif** (TV Show) JUL 2018 | Makingprod • **Faith in the city** (Film) MAI 2018 | Key West Production | Canada

Videos & Photos Commercials

Fly Condo | MAY 2018 | Journeyman Production | Canada • **Loanaway.ca** | AVRIL 2018 | Canada • **Daymac** | AVRIL 2018 | Canada • **Swish Canada** (Fitness photomodel) | MAY 2018 | Leoprestte Prod | Canada

Video Clip

Irina R « Sailor » MARS 2004 • **Duo 32 « 32 »** NOV 2011

Casting Director Assistant

Profilage (Série) MAR - AVR 2011 | Beaubourg Audiovisuel

EDUCATION

CUC Campus Univers Cascades + Stage Fighting Training w/ Samuel Kéfi Abrikh

— *Stunt, Body Fighting*

From August 2018 | Training in progress

ESAD Ecole Supérieure d'art dramatique

— Theater and Physical Theater school

2012 – 2013 | Paris

International School of Corporeal Mime

Bachelor Degree E. Decroux Technique

— Dir. Ivan Bacciocchi 2008 – 2010 | Paris

Clowning • Théâtre du Faune

— Dir. Fred Robbe | 2007-2009 | Montreuil

Bachelor degree of Theater Art Form

— Paris 8 University St Denis | 2004 - 2009

Baccalaureat Litterature - Theater specialty

— Lycée Jeanne D'Arc | 2004 | Rouen

Improv Theater

— *Jeux D'rôles & La Pleine Lune*

2001 – 2004 | Rouen

Normandy's Musical School

— Dir Albert & Elisabeth Amsalem

1999 – 2003 | Rouen

COURSES & WORKSHOP

Puppetry Construction & Manipulation

— Dir. Natacha Belova • AUG 2018 Bruxelles

Vertical Dance

— Dir. Cie retouramont • SEPT 2015 Paris

At the body and the object Crossroad

— Dir. Claire Heggen • AV 2012 Paris

Theatricaly of movement

— Dir. Yves Marc • OCT 2012 Paris

Movement

— Cie Arma • SEPT 2015 Audincourt

Staging,

— Dir. Jacques Livchine • SEPT 2015

Audincourt

Feldenkrais Method

— Théâtre des sens • FEV-MAR 2011 Paris

Dance Theater

— Dir Moreno Bernardi • SEPT 2008 Paris

Classical & Contemporary Theater

— Dir. C. Merlin et C. Buchvald • 2004-2006 Paris

VIDEO LINKS

[Miss Jolly - Disney Village](#) | [Joyà - Cirque du Soleil](#) | [Mlle Cé - 32](#) | [La douleur - Macadâmes](#) | [Sailor - Irina R](#)